

Oregon School Activities Association

Basketball SRI Bulletin / April 20, 2013

Now that the 2012-13 season has ended, congratulations to officials that worked post season play-off games and at various state tournaments and congratulations to officials that worked regular assigned games for your respective association.

Even though the 2013-14 season will not start until December, officials should continue to strive to improve their officiating during the 'off' season. There are a number of officiating camps that offer excellent instruction which will prepare you for next season.

In addition, many high schools participate in 'summer league' programs and are staffed with local officials. These are games that you can work on proper floor position, signals, rule interpretations and game management. If you work these games, do not work 'lazy' or 'cut' corners just because it is a 'summer league' game. You never know who may be watching you.

Physical fitness is a important item to remember. When we are tired physically, our mental alertness declines as well. Fitness plays an important role in officiating and we should not allow our bodies to decline during the 'off' season. You are in control of your own body and you are the only person that can be sure that you are physically fit when the season starts in December.

Prepare your self thoroughly – it matters. Have a set of goals for self improvement for the upcoming season.

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